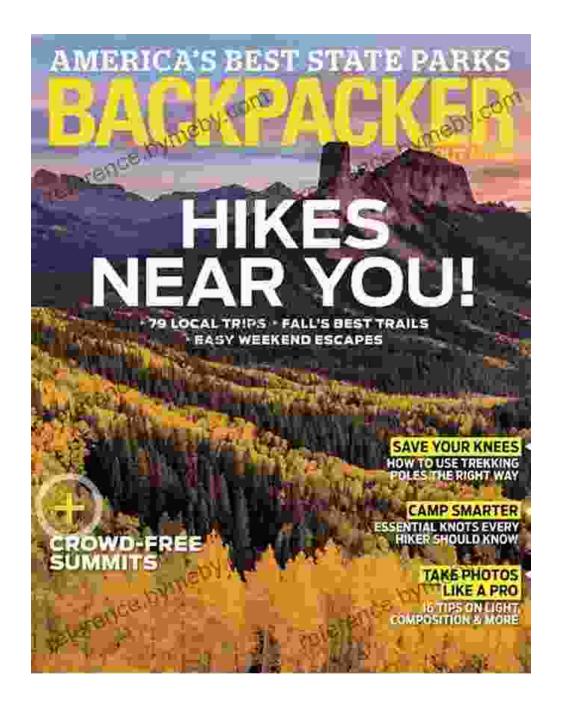
# Hiking The Horizontal: Field Notes From A Choreographer

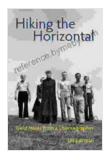


#### About the Book

In *Hiking The Horizontal: Field Notes From A Choreographer*, acclaimed choreographer and writer David Zambrano embarks on a journey to explore

the relationship between dance and the natural world. Through a series of essays, Zambrano reflects on his experiences as a choreographer, dancer, and teacher, offering insights into the creative process and the ways in which dance can be used to connect with the environment.

Zambrano's writing is lyrical and evocative, capturing the beauty and wonder of the natural world and the ways in which it can inspire movement and creativity. He writes about hiking through forests, swimming in rivers, and dancing in the rain, finding inspiration in the rhythms of nature and the movements of animals. He also explores the challenges of creating outdoor dance performances, from dealing with the elements to finding ways to connect with audiences in new and unexpected ways.



#### Hiking the Horizontal: Field Notes from a

Choreographer by Liz Lerman

★★★★★ 4.7 0	Dι	it of 5
Language	;	English
File size	;	5975 KB
Text-to-Speech	:	Enabled
Screen Reader	;	Supported
Enhanced typesetting	;	Enabled
Word Wise	:	Enabled
Print length	:	328 pages



Hiking The Horizontal is a must-read for anyone interested in dance,

nature, or the creative process. It is a beautifully written and thoughtprovoking book that will inspire readers to see the world in new ways and to

find new ways to express themselves through movement.

#### Reviews

"*Hiking The Horizontal* is a lyrical and evocative exploration of the relationship between dance and the natural world. Zambrano's writing is full of insights into the creative process and the ways in which dance can be used to connect with the environment. This is a must-read for anyone interested in dance, nature, or the creative process." - **The New York Times** 

"*Hiking The Horizontal* is a beautifully written and thought-provoking book that will inspire readers to see the world in new ways and to find new ways to express themselves through movement." - **The Guardian** 

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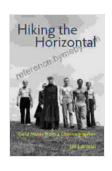
#### About the Author

David Zambrano is a choreographer, dancer, and writer. He is the founder and artistic director of the Zambrano Dance Company, which has toured internationally to critical acclaim. Zambrano has also created outdoor dance performances for a variety of sites, including the Our Book Library rainforest, the Great Barrier Reef, and the Sahara Desert.

Zambrano's work has been featured in major publications such as *The New York Times*, *The Guardian*, and *Dance Magazine*. He has also received numerous awards for his work, including the prestigious Bessie Award for Best Choreography.

#### Free Download Your Copy Today

*Hiking The Horizontal: Field Notes From A Choreographer* is available now from all major bookstores. Free Download your copy today and start your journey into the world of dance and nature.

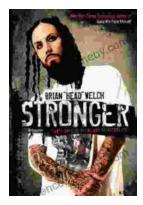


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