

# Holistic Care and Management of the Orthogeriatric Patient: Perspectives In-Depth



## Fragility Fracture Nursing: Holistic Care and Management of the Orthogeriatric Patient (Perspectives in Nursing Management and Care for Older Adults)

by Adele Faber

★★★★☆ 4.1 out of 5

Language : English  
File size : 2249 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Print length : 182 pages



This comprehensive book provides a detailed overview of the holistic care and management of orthogeriatric patients. It covers a wide range of topics, including assessment, treatment, and rehabilitation, and is written by a team of experts in the field.

### Assessment

The assessment of orthogeriatric patients is a complex and multidisciplinary process. It involves a comprehensive geriatric assessment, which includes a medical history, physical examination, and cognitive and functional assessment.

The medical history should include a review of the patient's past medical history, current medications, and social history. The physical examination should focus on the patient's musculoskeletal system, neurological system, and cardiovascular system.

The cognitive and functional assessment should include a review of the patient's cognitive function, functional status, and social support.

## **Treatment**

The treatment of orthogeriatric patients is also a complex and multidisciplinary process. It involves a combination of medical, surgical, and rehabilitative care.

Medical care may include the use of medications to manage pain, inflammation, and other symptoms. Surgical care may be necessary to repair fractures or other injuries.

Rehabilitative care is essential for helping orthogeriatric patients to regain their function and independence. It may include physical therapy, occupational therapy, and speech therapy.

## **Rehabilitation**

Rehabilitation is an important part of the holistic care of orthogeriatric patients. It can help them to regain their function and independence, and to improve their quality of life.

Physical therapy can help orthogeriatric patients to improve their range of motion, strength, and balance. Occupational therapy can help them to learn how to perform everyday activities, such as eating, dressing, and bathing.

Speech therapy can help orthogeriatric patients to improve their communication skills. It can also help them to swallow safely.

This book provides a comprehensive overview of the holistic care and management of orthogeriatric patients. It is an essential resource for all healthcare professionals who work with this population.

To learn more about the holistic care and management of orthogeriatric patients, please visit the following website:



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