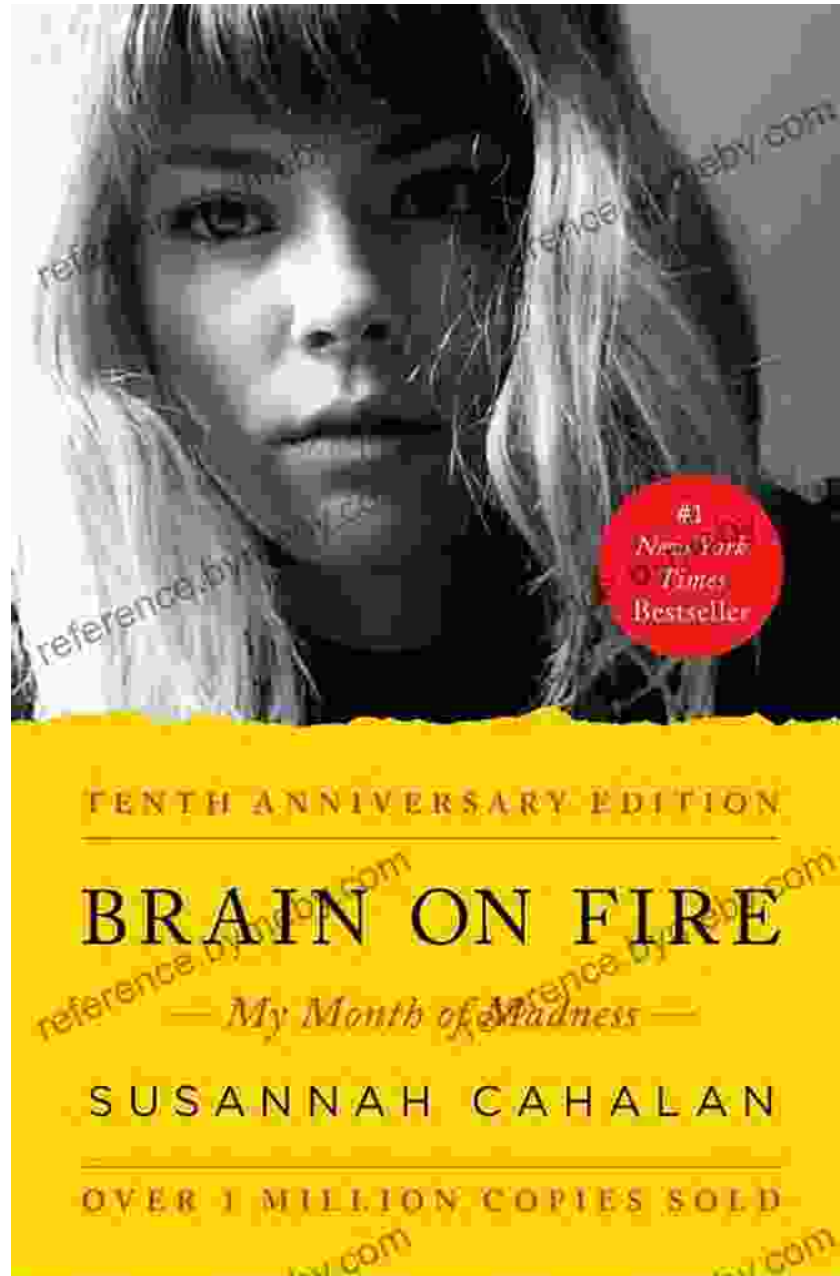


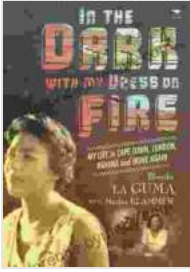
# In the Dark with My Dress on Fire: A Journey Through Bipolar Disorder



**In the Dark with My Dress on Fire: My Life in Cape Town, London, Havana and Home Again** by Blanche La Guma

★★★★★ 5 out of 5

Language : English



|                      |             |
|----------------------|-------------|
| File size            | : 1148 KB   |
| Text-to-Speech       | : Enabled   |
| Screen Reader        | : Supported |
| Enhanced typesetting | : Enabled   |
| Word Wise            | : Enabled   |
| Lending              | : Enabled   |
| Print length         | : 226 pages |



In the Dark with My Dress on Fire is a powerful and deeply personal memoir about living with bipolar disorder. Author Kim Addonizio shares her raw and honest experiences with the illness, from the depths of despair to the heights of mania. This book is a must-read for anyone who has been affected by mental illness, or who wants to better understand it.

Addonizio's writing is lyrical and evocative, and she paints a vivid picture of what it's like to live with bipolar disorder. She describes the extreme mood swings, the racing thoughts, the impulsive behavior, and the overwhelming sense of isolation. She also writes about the stigma surrounding mental illness, and the challenges of finding the right treatment.

In the Dark with My Dress on Fire is a story of hope and recovery. Addonizio writes about how she learned to manage her illness and live a full and meaningful life. She shares her insights into the nature of bipolar disorder and offers hope to others who are struggling with the illness.

This book is a valuable resource for anyone who has been affected by bipolar disorder. It is a powerful and inspiring story that will give

you hope and help you to understand the illness better.

## **Reviews**

"In the Dark with My Dress on Fire is a must-read for anyone who has been affected by mental illness. Addonizio's writing is lyrical and evocative, and she paints a vivid picture of what it's like to live with bipolar disorder. This book is a story of hope and recovery, and it will give you hope and help you to understand the illness better." - The New York Times

"Addonizio's memoir is a raw and honest account of living with bipolar disorder. She writes with great insight and compassion, and her story will resonate with anyone who has been touched by mental illness." - The Washington Post

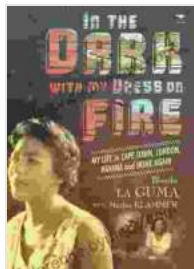
"In the Dark with My Dress on Fire is a powerful and inspiring book. Addonizio's writing is beautiful and her story is one of hope and resilience. This book will give you hope and help you to understand the illness better." - The Huffington Post

## **About the Author**

Kim Addonizio is an American poet, memoirist, and essayist. She is the author of eight books of poetry, including *Mortal Trash*, *Tell Me*, and *What Is This Thing Called Love*. She has also written two memoirs, *The Philosopher's Club* and *In the Dark with My Dress on Fire*. Addonizio's work has been praised for its honesty, insight, and lyricism. She has received numerous awards for her writing, including the National Book Critics Circle Award and the PEN/Martha Albrand Award for Nonfiction.

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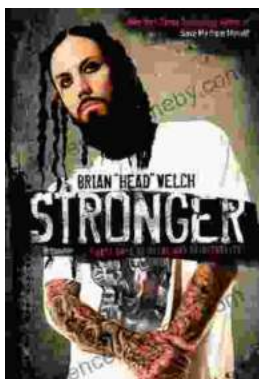
In the Dark with My Dress on Fire is available now from all major booksellers. Free Download your copy today and start reading this powerful and inspiring memoir.



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