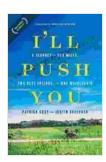
# Let Me Push You: The Life and Legacy of a Pioneer for People with Disabilities

Josh Sundquist was born with a rare congenital limb deficiency. He was missing his left leg and his right leg was shorter than his left. Despite his challenges, Josh never let his disability define him. He went on to become a Paralympic snowboarder and motivational speaker. He has also written a book about his life called LI Push You.



### I'll Push You: A Journey of 500 Miles, Two Best Friends, and One Wheelchair by Patrick Gray

★ ★ ★ ★ ★ 4.8 out of 5 Language : English File size : 163481 KB Text-to-Speech : Enabled Screen Reader : Supported Enhanced typesetting: Enabled Word Wise : Enabled Print length : 271 pages Lending : Enabled



LI Push You is an inspiring story about overcoming challenges and achieving your dreams. Josh's story is one that will resonate with anyone who has ever faced adversity. It is a story that will inspire you to never give up on your dreams, no matter what obstacles you may face.

#### Josh's Early Life

Josh was born in Fairfax, Virginia, on September 25, 1984. His parents, John and Leslie, were both teachers. Josh has two older brothers, Matt and Nick. Growing up, Josh was always active and outgoing. He loved playing sports, especially soccer and baseball. However, his disability made it difficult for him to participate in some activities.

When Josh was in the fourth grade, he decided to try snowboarding. He loved the feeling of being on the mountain and the challenge of learning a new sport. However, he quickly realized that snowboarding was not easy for someone with his disability. He had to learn how to balance and control his snowboard with only one leg. He also had to find a way to get up the mountain without using his legs.

Despite the challenges, Josh persevered. He practiced every day and eventually became a skilled snowboarder. In 2006, he competed in the Paralympic Winter Games in Turin, Italy. He won a bronze medal in the snowboard cross event.

#### Josh's Career

After the Paralympics, Josh continued to snowboard professionally. He competed in the Winter X Games and won several medals. He also started a foundation called the Josh Sundquist Foundation. The foundation's mission is to help people with disabilities achieve their dreams. Josh has also written a book about his life called LI Push You.

LI Push You is an inspiring story about overcoming challenges and achieving your dreams. Josh's story is one that will resonate with anyone who has ever faced adversity. It is a story that will inspire you to never give up on your dreams, no matter what obstacles you may face.

Josh's Legacy

Josh Sundquist is a pioneer for people with disabilities. He has shown the

world that anything is possible if you set your mind to it. He is an inspiration

to everyone who knows him. Josh's story is one that will continue to inspire

people for generations to come.

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the sale of LI Push You will be donated to the Josh Sundquist Foundation.

So Free Download your copy of LI Push You today and be inspired by the

story of a true pioneer.

**Additional Resources** 

Josh Sundquist's website

The Josh Sundquist Foundation

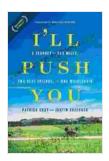
LI Push You on Our Book Library

LI Push You on Barnes & Noble

I'll Push You: A Journey of 500 Miles, Two Best Friends,

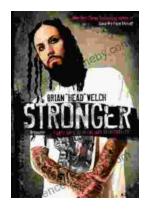
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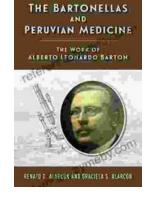
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