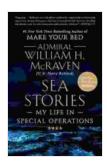
# Sea Stories: My Life in Special Operations

### By Robert O'Neill

Robert O'Neill served in the Navy SEALs for 10 years, during which time he deployed to Iraq and Afghanistan. In this gripping memoir, he shares his experiences in some of the most dangerous and high-stakes missions in the world.



#### Sea Stories: My Life in Special Operations

by Admiral William H. McRaven

★ ★ ★ ★ 4.8 out of 5 Language : English File size : 61101 KB Text-to-Speech : Enabled Enhanced typesetting: Enabled X-Ray : Enabled Word Wise : Enabled Print length : 353 pages Screen Reader : Supported



O'Neill's writing is honest and unflinching, and he doesn't shy away from the dark side of war. He describes the horrors of combat, the loss of friends, and the psychological toll that service can take. But he also writes about the camaraderie and brotherhood that exists among SEALs, and the sense of purpose that comes from serving one's country.

Sea Stories is a must-read for anyone interested in the military, special operations, or true stories of adventure and courage.

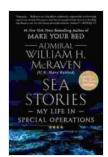
"Robert O'Neill's Sea Stories is a gripping and unforgettable memoir of his time as a Navy SEAL. O'Neill writes with honesty and candor about the horrors of war, the loss of friends, and the psychological toll that service can take. But he also writes about the camaraderie and brotherhood that exists among SEALs, and the sense of purpose that comes from serving one's country. Sea Stories is a must-read for anyone interested in the military, special operations, or true stories of adventure and courage."

### - Admiral William H. McRaven, USN (Ret.)

"Sea Stories is a powerful and moving memoir that takes readers inside the world of a Navy SEAL. O'Neill's writing is vivid and immersive, and he does an excellent job of conveying the challenges and sacrifices that come with serving in the military. Sea Stories is a must-read for anyone who wants to gain a better understanding of the sacrifices that our military members make."

## General David H. Petraeus, USA (Ret.)

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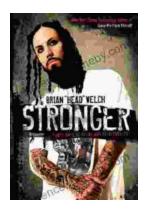


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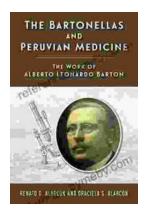
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