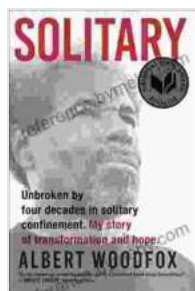


Solitary: The Extraordinary Story of Albert Woodfox, a Man Who Spent Over 4 Decades in Solitary Confinement

Solitary: The Extraordinary Story of Albert Woodfox, a Man Who Spent Over 4 Decades in Solitary Confinement is a powerful and moving account of one man's resilience in the face of unimaginable adversity. Albert Woodfox was just 26 years old when he was wrongly convicted of murdering a prison guard and sentenced to life in solitary confinement. He spent the next 43 years in a 6-by-9-foot cell, with only sporadic human contact.

Despite the horrific conditions he endured, Woodfox never gave up hope. He fought for his freedom through the courts, and he eventually won his release in 2016. His story is a testament to the power of the human spirit, and it has inspired people around the world.

In **Solitary**, Woodfox shares his story in his own words. He describes the brutality of the Angola prison system, where he was subjected to beatings, torture, and other forms of abuse. He also writes about the psychological effects of solitary confinement, which can lead to insanity and even death.



Solitary by Albert Woodfox

★★★★☆ 4.7 out of 5

Language : English
File size : 2941 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 530 pages



But **Solitary** is more than just a story of suffering. It is also a story of hope and redemption. Woodfox found solace in reading and writing, and he eventually became a respected author and activist. He has dedicated his life to fighting for the rights of prisoners, and he has helped to raise awareness of the horrors of solitary confinement.

Solitary is a must-read for anyone who is interested in the criminal justice system, human rights, or the power of the human spirit. It is a powerful and moving story that will stay with you long after you finish reading it.

Reviews

"**Solitary** is a harrowing and unforgettable account of one man's resilience in the face of unimaginable adversity. Albert Woodfox's story is a testament to the power of the human spirit, and it will inspire you to never give up hope, no matter how difficult your circumstances may be." -**Bryan Stevenson, author of Just Mercy**

"**Solitary** is a powerful and moving book that will change the way you think about solitary confinement. Albert Woodfox's story is a testament to the strength of the human spirit, and it will give you hope that even in the darkest of times, there is always light." - **Desmond Tutu, Nobel Peace Prize laureate**

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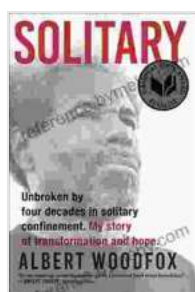
moving story that will stay with you long after you finish reading it." - **The New York Times**

About the Author

Albert Woodfox was born in New Orleans, Louisiana, in 1947. He was wrongly convicted of murdering a prison guard in 1972 and sentenced to life in solitary confinement. He spent the next 43 years in a 6-by-9-foot cell, with only sporadic human contact. Despite the horrific conditions he endured, Woodfox never gave up hope. He fought for his freedom through the courts, and he eventually won his release in 2016. Since then, he has dedicated his life to fighting for the rights of prisoners and raising awareness of the horrors of solitary confinement.

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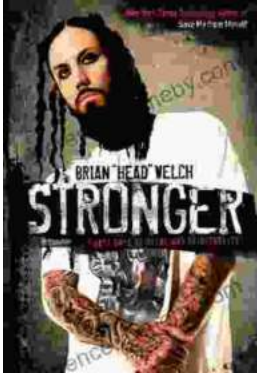


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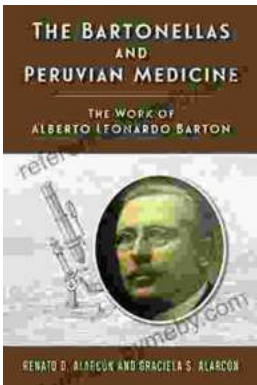
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